

# WANTED PADDLERS

for a Breast Cancer Survivors

## Dragon Boat Racing Team in Worcester



**"Come and join the fun.**  
We are taking part in Race the Dragon charity regatta on 21st June 2009.  
**Training starts soon!"**

Dragon boat racing is fast becoming a popular sport world-wide for breast cancer survivors. There are already over 70 breast cancer survivor boat teams throughout Canada, USA, New Zealand, Australia and Singapore, but only one so far in the UK – in Liverpool. Let's make Worcester the second UK breast cancer survivor dragon boat team!

It's a fun sport and a worthwhile cause and has many benefits for you, as well as giving hope to thousands of others.

**Recovering from breast cancer** is an immense challenge, both mentally and physically. But with the help of a new 'floating support group', exercise can play a big part in the lives of breast cancer survivors through dragon boating. The physical and emotional benefits gained by team members are undeniable and no previous paddling or boating experience is necessary.

Raise breast cancer awareness and show that women surviving breast cancer can lead full and active lives!

The team will be part of the Worcester Dragon Boat Racing Club.

**Further info: call Sue Shackleton on 01684 575787**

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